BENEFITS OF MUSIC ACROSS CURRICULUM

BY: KRISTEN SCARLETT
ARKANSAS STATE UNIVERSITY
WHY MUSIC?

"Music is the electrical soil in which the spirit lives, thinks and invents." --Ludwig van Beethoven

• Research supports that music helps support our overall being and happiness.

• Within the classroom, music can be used for a variety of different things like relaxation, excite the children, focus, and many more.

• Many different genres and styles of music to fit every personality and desire.
BENEFITS OF MUSIC

• Lesson enhancement
• Increases focus
• Helps with concentration
• Increase the energy level in the classroom
• Helps with memory skills
• Makes learning FUN!
SKILL AND LANGUAGE DEVELOPMENT

SKILL DEVELOPMENT

• Research shows that music helps students learn other subjects and enhances skills they already know.
• Helps development of multitasking skills
• Uses multiple skill sets
• “Music learning supports all learning.”

LANGUAGE DEVELOPMENT

• Music helps the natural ability to “decode sounds and words.”
• Enhances and increases language development in children.
• Research shows that music helps develop the left side of the brain
• Language processor
A study done by E. Glenn Schellenberg, at the University of Toronto at Mississauga tested the IQ of 3 groups of 1\textsuperscript{st} graders.

- **Group one:**
  - Piano
  - Voice lessons
    - Received the most extra lessons

- **Group two:**
  - Drama lessons
    - Received some extra lessons

- **Group three:**
  - No lessons
    - Only received the subject lessons with no added help

Done over a nine month period

Children who were given music lessons tested 3 points higher on average in IQ tests than the kids with no music.

The drama group experienced some social benefits.

No music = no increase in IQ
INCORPORATING MUSIC IN THE CLASSROOM

BRAIN BREAKS AND TRANSITIONS

• Students can sing jingles as they transition from one activity or place to another.

• After a period of sitting still music can be used to get the students up and moving.

• Songs can be used in between lessons as well.

• Music can be used to signal the next activity or help with transitions.

• Variety of purposes and uses within the classroom.
INCORPORATING MUSIC IN THE CLASSROOM
LEARNING INFORMATION

- Can help students remember information.
- It can increase childrens’ interest in a subject or topic.
- Can help relate topics to each other.
- Helps create a state of focus and concentration.
- Can be used to energize students after a long period of sitting.
- Songs and chants can help students remember facts and information.
- Students can read to different beats to help them focus on the words.
  - Called rhthym reading
    - Students can choose a beat to read to
    - Based on content of the reading
INCORPORATING MUSIC IN THE CLASSROOM

WELCOMING AND TRANSITIONS

• Music can help establish routine. For example, sing a morning song every morning to begin the day.

• Playing clips of music can be a great way to grasp the attention of the children.

• Playing music as the children leave the classroom for different activities can be a great way to transition and establish a routine.

• Music can create a sense of community in the classroom.
INCORPORATING MUSIC IN THE CLASSROOM
CULTURES AND ESL

- Incorporating music from other cultures can make students feel welcome and appreciated.
- A student in the classroom from another country could even suggest songs from their culture.
- Include all students in the learning environment.
- Music can be a great inclusion tool.
- Play music from other cultures.
- ESL students could also learn well from hearing music. The songs could help them learn English.
Music can be played in the background while students work to create different moods.

- Moods of concentration.
- Calming and relaxing.
- Creativity moods.
MUSIC RESOURCES

- GoNoodle - full of activities and songs for different times in the classroom.
- YouTube - thousands of music options to use for background music.
CLASS ACTIVITIES

- GoNoodle Zumba
- GoNoodle MooseTube-silly song for alliteration
- GoNoodle Channels
  - https://www.gonoodle.com/channels/gonoodle-plus
- YouTube-Life Cycle of a Butterfly
  - https://www.youtube.com/watch?v=pysC9wBJZ9s
- YouTube-Adding Doubles
  - https://www.youtube.com/watch?v=Ik_-0AgzD-8
REFERENCES

- http://education.jhu.edu/PD/newhorizons/strategies/topics/Arts%20in%20Education/brewer.htm
- https://www.gonoodle.com/dashboard
- https://www.google.com/imghp?gws_rd=ssl